



Blood Trivia

How much do you know about blood?

1. How much blood does an average adult have?
 - a. 6 to 7 pints
 - b. 2 to 4 pints
 - c. 10 to 12 pints
2. What do red blood cells do?
 - a. Take food to the store
 - b. Take people to the bus
 - c. Carry oxygen from the lungs to your body's tissue and take carbon dioxide back to your lungs to be exhaled
3. Platelets are cells that look like little plates. What do they do in the body?
 - a. Act as truckers to carry vitamins
 - b. Float around like frisbees
 - c. Speed to a wound or cut and make a clot
4. White cells are great fighters. What do they fight against?
 - a. Their brothers and sisters
 - b. Brain tissue
 - c. Infection
5. What does plasma carry?
 - a. Food to your stomach
 - b. Dead skin cells to the kidneys
 - c. Vitamins, nutrients and blood cells





6. How often can adults give blood?
 - a. Once a year
 - b. Twice a year
 - c. Six times a year

7. How old do you have to be to give blood?
 - a. 14 years old
 - b. 21 years old
 - c. 17 years old and 16 in some states

8. How much must you weigh to give blood?
 - a. 50 pounds
 - b. 150 pounds
 - c. At least 110 pounds, depending on your age

9. How often does someone in the U.S. need blood?
 - a. Once a month
 - b. Once every year
 - c. Every two seconds

10. What kinds of hospital patients need blood?
 - a. Car accident victims
 - b. Burn victims
 - c. Hospital patients who had a surgery
 - d. Cancer and leukemia patients
 - e. All of the above

Find out more blood facts by visiting redcrossblood.org/students.

